

DEEP ROOT CONNECTIONS

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Optional Questions for a Peaceful Transitions Session

Please consider these questions as a guide to help you form your goals for your session. Some of these questions might be difficult to read and consider, so please take your time. I will help guide you through this process as I know it is a tough position to be in. It is my honor to assist you and your animals during this sacred transition.

General Questions:

1. How can I make you comfortable?
2. Are you suffering or in pain?
3. Do you have any final wishes or things you'd like to do or see?
4. Would you like a special ceremony while you're still with us?
5. How will I know you're ready? Can you give me a sign?
6. Do you want us to do anything special with your body?
7. Would you like energy work to help clear codependency, emotional cords or other absorbed energy that needs to be released? (Energy work can help assist an animal's adjustment period after they cross over).

Transition Questions:

1. How would you like to transition (vet assistance, at home, naturally, etc.)?
 - o If at first they decide to try and leave their body naturally and end up changing their mind, we can ask them to give us a sign that they've changed their mind and would like assistance.
2. Do you want us to perform a ceremony afterwards? If so, what does that look like to you?
3. Would you like energy work or a spiritual connection during transition (if possible)? (I do not need to be there physically to connect and hold space for you and the animal).