

# DEEP ROOT CONNECTIONS

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## Optional Questions for an In Form Session

Please consider these questions as a guide to help you form your goals and questions for your session. Pick a few from the list or come up with your own! Think BIG! There are no limits on what we can ask.

### General Questions:

1. What's your favorite thing about your life?
2. Do you like your food?
3. Do you like your name?
4. How old are you?
5. Is there anything you don't like?
6. What was your life like before coming to me?
7. What do you dream about?
8. Is there anything you would like to do or learn (bucket list item)?

### Health Related Questions:

1. How are you feeling?
2. Do you have any pain/discomfort anywhere?

### Relationship Questions:

1. What is your role in life (souls' purpose)?
2. What is your life's mission?
3. Is there anything from your past you'd like me to know?
4. Do I spend enough time with you?
5. What don't you understand about me?
6. What don't I understand about you?

### Spiritual Questions:

1. Have we had a past life together?
2. What do you see as my purpose in this life?
3. How can I improve my life?
4. Can you see my aura? If so, what color is it? Does it look healthy?
5. Can you tell me anything about my future?